

## Draft Workshop Agenda

# Personal Compass—Two Day

Note: homework is required, prior to attending this workshop.

### DAY ONE

8:45 Registration

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9:00 Welcome and Overview

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Introductions and Wishes

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Our Starting Point

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BREAK

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History—Reflections, Conversation and Lessons

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LUNCH

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Cross Section—A Core Sample of Life Today

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BREAK

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Inventory—Assessing Capabilities

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5:00 CLOSE

### DAY TWO

9:00 Reflections

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Opening to a Vision

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LUNCH

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Developing Choices

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Next Steps

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Wrap-up

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4:00 CLOSE

**Each participant will receive the following materials:**

Manual: *The Personal Compass—A Workbook for Visioning and Goal Setting*



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